



A

Angela Howard
2 reviews
★★★★★

I have been going to Lakeside Sports Chiropractic for almost three years. I have an additional chronic pain condition that requires a bit more attention at times. Not only does Dr Jen address my issues specifically, she has gone out of her way to find additional information for me to research if needed to deal with my pain. Dr Jen and her team have vast knowledge in the world of chiropractic care as well as offer extensive additional modalities to aid in what ever your needs might be, including physical therapy. Love this group ... home away from home! 😊



Cara Pescho
6 reviews
★★★★★

Dr. Jen and staff are amazing! I have only been twice so far and felt an immediate connection to them. Dr. Jen spends great time in consulting with you to find out exactly what is happening with your body. Her treatment plan is spot on and I look forward to having a life without chronic neck and back pain soon!



Doris Anderson
7 reviews
★★★★★

I have been very skeptic visiting a chiropractor, but after being in pain for a year and Lakeside Sports Chiropractic being highly recommended to me, I gave them a try. From the first visit I felt comfortable and felt like Dr. Jen Lidstrom was taking her time and not rush. I have explained my diagnosis and treatment thoroughly. I have been visiting her now for 2 months and I can feel great improvement in my shoulder. The office is clean and the entire staff is awesome! Thank you so much for getting me better! I would highly recommend (and already have!) Lakeside Sports Chiropractic to anyone!



Kaitlin Hinton
5 reviews
★★★★★

Finding Dr. Jen and her staff has been a huge blessing to me and my body. I was in pain for so long and wasn't getting the treatment I needed. From the first phone call from the secretary to make my first appointment to the assistants helping with treatment to Dr. Jen herself, I felt very welcome and appreciated. I knew from day one that I would begin to heal, and looking back to when I first started, I feel so much better and different. They give you advice on how to recover and build your body back up again outside of the office, and they are always super accommodating to your schedule. So many services are offered, and it is a state of the art facility. I completely trust the team, and they are always willing to answer questions. I bought a pillow from them, and am considering orthotics as well. I consider everyone there a friend and always look forward to the next time I go!

h

heather Fernandez
3 reviews
★★★★★

Dr Jen and her staff have CHANGED MY LIFE! Not only is the practice professional but Dr Jen was so great at explaining my xrays and exactly what we need to do to get me back to feeling 100%. I already feel so much better after a few visits and look forward to each appointment.



John Sheehan
1 review
★★★★★

Friendly and knowledgeable staff. Pleasure to deal with. I always feel so much better after a few visits to Dr. Jen and associates. Highly recommend to anyone in need of Chiropractic services.



Jessie Colomb
17 reviews
★★★★★

All of the staff is just wonderful. They are warm right from the start and always have a answer for your questions. I had never been to a chiropractor before June (2019) and Im such a fan now.

J

Josephine OBrien
2 reviews
★★★★★

I have been a patient at this practice for over four months and I cannot say enough about the care I received starting from the front desk staff to the wonderful doctors. I have had back issues for years but no one ever addressed my issues as Dr Jennifer Lidstrom and Dr. Matthew Antonelli.

J

Jennifer Jones
3 reviews
★★★★★

Wonderful service by everyone there! The doctors are so wonderful and help to make you feel better!

A

Amber Hagedorn
2 reviews
★★★★★

As a new patient at Lakeside, I have been impressed with the level of care and expertise exhibited by Dr. Jen and the whole team! I wholeheartedly recommend Lakeside Sport Chiropractic!!

J

Jerry Sennett
3 reviews
★★★★★

I have been going to Dr. Jen for many years. She and her staff are excellent and I highly recommend her for any Chiropractic needs.



Christopher Jones
6 reviews
★★★★★

I can't recommend them enough, there is a reason that they were voted "Best in Lake Norman" a few years in a row, very customer centered with treatment plans that work.



kathie woods
1 review
★★★★★

I got an appt. very quickly, which I appreciate. The entire staff is professional, sympathetic and informative.

S

Sandra Stewart
3 reviews
★★★★★

So glad to have found Lakeside Sports Chiropractic and Dr. Jenn!

N

Nicole Monacell
5 reviews
★★★★★

I highly recommend Lakeside Sports Chiropractic! Over the past few years, I became accustomed to limiting myself due to daily stiffness, discomfort and pain. After tweaking my back yet again, I finally gave in and made an appointment. I went from barely being able to stand up straight, to no pain at all after a few visits. The entire staff is professional, efficient and very friendly. Dr. Kurt, Adam and Lisa have provided exceptional care and I feel very positive and encouraged that their efforts will help me maintain a pain-free, active lifestyle.



Sara Lee
Local Guide · 38 reviews
★★★★★

I have been a patient for months; Dr Jen is fabulous and knows her stuff. My body is complicated, however Dr. Jen's brain is always working towards helping may become better. She has good assistance; Adam is my guy whom I love working on me. Thanks Chiro family for caring

L

Lisa Mimi Keomuongchanh
3 reviews
★★★★★

We've had an excellent customer service experience with Dr.Jenn, Adam and her staff. My son was injured and he received treatment. He's now back to himself and playing soccer again. We've been very impressed with the quality of service, knowledge, care and attention to detail provided. Thank you for all that you do.



Cynthia DeLay
2 reviews
★★★★★

Amazing knowledge and technology. Dr Jen is fantastic with the treatment plan, explanation and holding the patient accountable. Adam is a pleasant and knowledgeable trainer, both are always a joy.



Alyssa Jackson
6 reviews
★★★★★

Absolutely love and trust Dr. Jen! I've been seeing her for over 7 years and my son has been to her as well. Dr. Luis joined her a little while back and he is also fantastic! He worked miracles on my ankle after a very bad sprain and also helped my husband after a CrossFit injury. The entire staff is excellent! I could go on and on...



Julie Foster
7 reviews
★★★★★

For over 6 months I have been suffering from specific pain due to a rib subluxation, did 8 weeks of physical therapy to no avail. A friend recommended Lakeside Sports Chiropractic to me so I figured why not try. I've never been more grateful! Dr. Jen and her staff have helped me tremendously with relieving the pain in my back! I've had adjustments, therapy and now dry needling, which has made a huge difference! Not only have they helped me with my back, they've also helped me with a sinus infection!! Seriously, love what they do and love the staff. If you're suffering at all, make it a point to go see Lakeside. You'll be so thankful you did!



Doug Fitzpatrick
Local Guide · 55 reviews
★★★★★

Dr Jenn and her staff are great for both issues and weekend warriors sports injuries. I have been seeing her office for a long time and would highly recommend a visit.



David Brown
1 review
★★★★★

I struggled for along time with lower back pain. Dr. Jenn listened to my concerns and developed a plan to rid my back pain from supplements, deep tissue massage to chiropractic care. Finally, today—I am free and clear of my lower back issues. I highly recommend but you have to listen!



Michele Lee
Local Guide · 35 reviews
★★★★★

I love this office. Both doctors are great. I hate to be cracked, but both doctors have been very good with me. They also offer massage therapy too. The therapist is very knowledgeable.

R

Rosemary Klein
3 reviews
★★★★★

Dr. Jen has been keeping me together for many years now! I so appreciate her expertise and willingness to keep me running!

J

Jones Brice
7 reviews
★★★★★

Back hurting for a week. Heat and ibuprofen provided some relief. After one visit with Dr Antonelli stretching the muscle back pain is no longer an issue. Highly recommended!



Mike Nuzzozese
10 reviews
★★★★★

Dr Jen
Is always on point with chiropractic care.
She cares about your wellbeing and that a good good thing

D

Dana Kelley
2 reviews
★★★★★

I have been going to Dr. Jen for years! I always go walking out way better than I was when I walked in. Dr. Jen and staff are professional, friendly, and very accommodating.)



Meredyth Holdenrid
5 reviews
★★★★★

Dr. Jen is amazing! I'm finally getting relief from chronic back pain!



Amy Stonehouse
Local Guide · 31 reviews
★★★★★

These guys are awesome!! They do a fabulous job and are always willing to work with your schedule and finances. Would highly recommend them!!